

# Curriculum Vitae

**NAME:** Philip de-Beger

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**DATE OF BIRTH:** 18/1/1988

**STATUS:** Single **NATIONALITY:** British

**PERSONAL PROFILE:** I have a real passion for the outdoors and am currently working towards international mountain guiding qualifications.

**FE EDUCATION:**

- National Diploma in Sport & Outdoor education (Distinction, Distinction, Merit)
- College Diploma in Sport (Outdoor Education) Distinction
- Level 2 certificate in sport, recreation and allied occupations, industry and organisational awareness
- NCFE L2 in Outdoor Activity Leadership

**Other QUALIFICATIONS:**

- APPI paragliding pilot
- APPI rescue first aid train the trainer
- BCU white water safety & rescue course
- BCU Canoe safety test
- BCU Foundation safety & Rescue training
- BCU 4\* Sea kayak leader trained
- BCU Coastal Navigation and tidal planning
- CTTLS (trainer/teaching)
- Diploma in NLP
- D of E Gold Assessor
- EFR instructor
- GNAS Archery leader
- HSE First aid at work trainer
- IARG raft guide L1
- IRATA L1 (rope access)
- Mountain Leader
- OTC trail bike leader
- Padi rescue diver
- Padi divemaster theory
- Single Pitch award
- REC High altitude first aid
- RYA advanced powerboat
- RYA day skipper theory
- RYA diesel engine maintenance
- RYA first aid
- RYA safety boat
- VHF radio licence

## **WORK EXPERIENCE:**

### **April to Sep 2012 Hot Rock Expeditions, UK**

Expedition Leader

Outline of Responsibilities:

- Lead a 5 month climbing and mountaineering expedition through Argentina, Chile, Bolivia, Peru, Ecuador, Columbia and Venezuela
- Keep the trip accounts

### **2010 to present The Expedition Company, UK**

Expedition manager

Outline of Responsibilities:

- Organising overseas expeditions
- Arranging UK training days

### **2010 to present Outlook expeditions, UK**

Freelance Trainer

### **2009 to Present Wilderness Expertise, UK**

Freelance Trainer

### **20<sup>th</sup> September present Al Shaheen Adventure, UAE**

Adventure training Instructor

Outline of Responsibilities:

- Deliver adventurous training to the UAE army
- Deliver the international Award for young people
- Help develop climbing in the UAE

### **7 May 2009 to 9<sup>th</sup> of September RUA FIOLA exploration centre, Scotland**

Outdoor Instructor

Outline of Responsibilities:

- Deliver safe climbing & kayaking sessions
- Maintain, and check activity equipment
- Prepare & train children to survive on a remote Scottish island
- Taking clients on expeditions to remote uninhabited islands

### **1 September 2008 to 24 March 2009 SS Peter and Paul after school club**

Playworker

Outline of Responsibilities:

- Looking after the safety of the children in my care.
- Keeping the children occupied

### **26<sup>th</sup> of March 2007 to 18<sup>th</sup> of July 2008 Scottish OEC**

**Positions Held:**

Outdoor Tutor

Outline of Responsibilities:

- Maintain, check and build activities (built a climbing wall)
- Prepare and run sessions
- Deliver the John Muir and Duke of Edinburgh awards

### **23rd June to 31<sup>st</sup> of August 2006 PGL Travel LTD.**

**Positions Held:**

Multi-Activity Instructor, Group Leader, Retail assistant

Outline of Responsibilities:

- Ensuring the safety of the clients both on and off-site.
- Prepare and run sessions & evening entertainment
- Looking after and entertaining the clients.

## Summer 2005

## 'Henleaze Time Out'

Henleaze Time Out looks after children from Henleaze School after school and during school holidays

### Position Held:

Playworker

Outline of Responsibilities:

- Looking after the safety of the children in my care.
- Keeping the children occupied

## 21<sup>st</sup> of January to 23<sup>rd</sup> July 2005

## Noah's Ark Pre-school

Noah's Ark pre-school is a large pre-school with nearly 100 children.

### Position Held:

Pre-School Assistant

Outline of Responsibilities:

- Looking after the safety of the children in my care.
- Educating the children through play
- Designing fun methods of development for the children e.g. traversing/bouldering wall for balance
- Building & maintaining equipment specifically their computer systems

## Outdoor Experience:

Various First ascents of peaks in Ethiopia

Soloed an E3 & an E4 once/Lead up to E2

First Ascents including an E2 in Scotland, E2 multi-pitch in Kenya and several E1 multi-pitch routes in Kenya & Ethiopia

Multi-pitched Table Mountain (South Africa)

Regularly Kayak up to grade 4+

Have competed in bouldering competitions

Competed in the tall ships race in 2005

Have stayed and worked on numerous farms both in the UK and NZ.

3 day Survival Training as part of Duchy College assessment

Member of the institute for outdoor learning & Mountain Leader training association.

### *Hot rock expedition 2008*

3 months climbing in Kenya, Sudan, Ethiopia and Egypt

### *Arctic Expedition 2009*

First person along with 3 others to ski between the two most northerly Inuit settlements in the Canadian Arctic. Skiing 300 miles across Cornwallis Island, the Northwest Passage, Devon Island and Jones sound and finishing at Grise Fjord on Ellesmere Island.

### *Musandam Sea Kayak Expedition, 2010*

A team of four instructors attempting to become the first people to circumnavigate the Musandam peninsular in Oman starting in the UAE and finishing in the UAE approximately 260km ended with adventurous consequences.

### *Himalayas 2010*

Climbing the following peaks Lobuche East 6,145m, Mera Peak 6,476m, Pisang peak 6,091m and Island Peak 6,189m.

### *Karakoram 2011*

Gasherbrum I and II 2011

Led a last minute expedition to gasherbrum II 8,035m

### *Himalayas 2011*

Manaslu 8,156m 2011

Lead a small expedition to the summit of Manaslu

### *Hot rock expedition 2012*

Led a 5 months climbing and mountaineering expedition through Argentina, Chile, Bolivia, Peru, Ecuador, Columbia and Venezuela. Climbing several 6,000m peaks and were the only commercial overland trip to cross the world's largest salt lake that year.

### *Andes 2012*

Led groups up the following peaks Pequeño Alpamayo 5425m, Huayna Potosí 6,088 m, Cotopaxi 5,897 m and Volcán Tuzgle 5530.

### **Hobbies:**

Traditional climbing

Mountaineering

White water kayaking & rafting

Sailing

Diving

Paragliding